Savernake Athletics Carnival
Next Friday, 29 May, is the Athletics Carnival at Savernake Public School. K-6 students will all be participating. Parents are very welcome to attend. Please complete the attached permission note so that transport can be organised.

A BBQ Lunch will be available to purchase on the day you wish. Please also bring something warm to wear and something dry to sit on.

If any parents have questions about the day, please contact the school.

STUDENT OF THE WEEK
is Martika Yeats for being willing to help her classmates.

An interview with Martika:
Favourite colour: pink
Favourite sport: chasey
Favourite food: apple
Another thing you should know about me: I like to help.

Assembly Awards
Library: Alex- helping younger students in the library.
Environment: Clancy- having a wrap-free lunch.
Sports: Martika- wanting to learn new skills.
Merit awards:
Tim- for making great progress in reading activities.
Tegan- for improvement in writing procedures.
Adelaide- using creative ideas in her writing

Home Reading
100 nights: Alyshha

Friday Cooking
The students enjoyed vegetable and chicken rolls last Friday when Bec and Edie came to cook lunch with Clancy, Lachie, Tim and Indi. The custard and fruit salad was also very popular.
This Friday Jane is kindly preparing soup and sausage rolls for us to have for lunch. Cost $2.

Library
We have keen borrowers each Thursday afternoon in the library. Remember to bring your library bags each Thursday.
Creative Catchment kids

Our Creative Catchment Kids need your help!

Do you know anyone in the local area (or a bit further away) who is making a difference in the control and management of pest animals and plants? This could be animals such as foxes, feral cats, rabbits, alien fish (carp, redfin, perch), fruit flies or plants such as African Boxthorn or Alligator Weed.

Please let us know!

Corowa Library Visit

The Corowa Shire Libraries are very lucky to have International author Shamini Flint visit the Shire for Library and Information Week. We have been invited to Corowa Library to meet Shamini on Thursday 28 May at 9.45 until 10.45am.

About the author

"Shamini Flint lives in Singapore with her husband and two children. She began her career in law in Malaysia and also worked at an international law firm in Singapore. She travelled extensively around Asia for her work, before resigning to be a stay-at-home mum, writer, part-time lecturer and environmental activist, all in an effort to make up for her ‘evil’ past as a corporate lawyer! Shamini has sold over 500,000 books since she began writing."

Shamini writes children’s books with cultural and environmental themes including Jungle Blues and Turtle takes a Trip and the Sasha Series series, which are mainly focused on Asia. Shamini has written many books for children and more recently the very popular books in the Diary series. The Diary series is about a boy Marcus Atkinson who is a maths Whiz who is not good at sport. His dad is convinced that Marcus has magic in his feet. In illustrated diary format, Marcus's gentle, satiric humour and comic drawings will have readers laughing out loud while learning a surprising amount about a variety of sports. Certainly a must for the boys to read. Shamini Flint works closely with the World Wide Fund for Nature. Part of the proceeds of Jungle Blues, Panda packs her Bags and Turtle takes a Trip, that feature endangered animals, are donated to the WWF, Asia Pacific.

Shamini is also well known for her adult crime fiction in the Inspector Singh Investigates Series.

Author Talk - Shamini Flint

Corowa Library
7.30pm, Wednesday 27 May 2015
FREE Event
For bookings or enquiries contact the Corowa Library 02 6033 8941
or email corowalibrary@corowa.nsw.gov.au

Nutrition Snippet

Did you know that eating the right amount of fruit and veg can lower your risk of cancer by 5–12 percent? Yet most adults don’t eat enough of either, particularly veg.

Try to add fruit and veg to every meal:

- Add chopped bananas or strawberries to your bran/ry cereal
- Add some sliced tomato on your toast
- Munch on some carrot or cucumber sticks at morning tea
- Add legumes like kidney beans or chickpeas to your salad at lunch

Remember! Aim for two serves of fruit, and five serves of vegetables – every day!

For more information visit www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To Beat It